

## **Inclement Weather Policy**

In the case of inclement weather, the referee coordinator, game leader or convenor will make a judgment call on whether to cancel games for the evening. The City of Hamilton may cancel fields due to field conditions.

A decision will be made by approximately 5:00 p.m. on game day, for games/practices held during the week. Weekend programs check the website

Please check our website (www.saltfleetsoccerstoneycreeksc.ca) for weather updates.

After 5:00 p.m., the referee/game leader/convenor on the field will make the call to cancel a game.

If there is no update on the web site, please assume you will be playing.

If you do not have access to a computer, please contact your coach to find out if your game has been cancelled. Please do not call the office.

## IN THE EVENT OF LIGHTNING

The safety of players, coaches, management and spectators is the primary concern in any weather event that occurs during all matches sanctioned by the CSA. By understanding and following the information below, the safety of everyone shall be greatly increased. Ultimately the referee has the final say over delaying or restarting a match due to weather. Waiting to stop play or not waiting to start play may result in a serious injury or loss of life.

Read the full policy on Lightning, the 30 for 30 rule and additional information

## **HEAT RELATED INJURIES**

There are some simple guidelines which have been prepared by the American College of Sports Medicine (ACSM) when it comes to running activities in a hot and/or humid environment. The goal in participating in hot weather is to avoid fluid loss from the body or dehydration. Educating athletes, coaches and officials is key to identifying and preventing these injuries from occurring.

Read about preventing and identifying heat related injuries

**Referees, Convenors, Game Leaders and coaches** are required to follow the OSA-lightning-safety-severe weather-policy at all times to ensure the safety of the players and others at games and practices. Decisions on game cancellations due to inclement weather are at the discretion of the referees during the game. In the event that a game is abandoned or cancelled due to referee decision, the game will either be rescheduled or the game will stand depending on the amount of time played.

**Saltfleet Stoney Creek Soccer Club** does not guarantee that games will be rescheduled due to weather conditions. In addition, refunds may not apply.

## Other Factors to remember:

1. Games will not be called due to rain, unless the rain has caused the field conditions to be unsafe for the players or if by playing damage to the fields will occur.

- 2. Cancellation of games may also be only on certain fields depending on individual field conditions.
- 3. Any game in play will be stopped at the first sign of lighting; a 15-minute delay will take place. If the lightning has cleared, the games will re-start. If the lightning continues, the games will be cancelled and rescheduled.
- 4. If there is a smog alert or an extreme heat alert or humidex warning on game day, depending on the severity, games will either be cancelled or rescheduled or played in quarters rather than halves to provide extra water breaks.
- 5. Cancellations of 5:45 pm games do not necessarily mean that the 7:15 pm games and 8:30 pm games are cancelled.

Everyone must remain patient while we assess playing conditions.