



2019 House League U13 to U19 Divisions RULES AND REGULATIONS

1. Ball

- Home team is to provide the game ball. Size 5 ball.

2. Team Officials, Players & Team Rosters

- All players must be registered with their home club and be on the team roster prior to playing. All teams must be registered with the Hamilton & District Soccer Association for the 2019 Outdoor Season.
- Players may only be registered and play with one team.
- Teams may use "call up" players that are registered with their home club from an equal or younger age group. The players must be registered with their home club and noted on the game sheet as a call up. Call-ups must be approved 24 hours prior to the game by the Club Recreational Director by e-mail.

- Only signed players to the team playing may be on the field and sit on the bench. Players that are not registered to the team will be asked to leave the field and if they refuse to do so will result in the team automatically forfeiting the game.
- Team Officials- coaches must be registered with their home Club to the team that is playing on the field. Coaches must wear a coach's shirt that is clearly identified.
- Team officials will not be allowed to smoke, swear or use inappropriate behavior while coaching their teams. The Hamilton & District Soccer Association discipline committee will deal with inappropriate conduct.
- A maximum of three team officials will be allowed on the bench.
- Team officials will coach within 1 (one) meter of their bench and are not permitted to walk up and down the sideline.

3. Substitutions & Game Duration

- In the event of a throw in, the team with a throw in can substitute first. If the team with the throw-in does not substitute, the opposing team CANNOT substitute a player.
- Players entering the field must wait until the player they are replacing has fully stepped off the field.
- If any team replace their goalkeeper at any time during the game, the referee needs to be informed and the player coming in must wear a jersey of a different colour to distinguish him/herself.
- Substitutions CANNOT be done while the ball is in play.
- All teams must be ready to kick-off on time.
- Game duration are as follows:
 - U13-14 Divisions – 2 x 40 minute halves.
 - U15/15 Divisions – 2 x 45 minute halves.
 - U17-19 Divisions – 2 x 45 minute.
- NOTE - Half time interval will be 5 minutes.
- Teams will change sides at the midway point of the game.
- Minimum 7 players. If at any time during the game the number of players on a team drops below 7, the game will be stopped and that team will forfeit the game.
- The referee will endeavor to start each game at the scheduled time. An allowance of not more than 15 minutes from the scheduled time shall be made if either team has less than 7 players in attendance.
- All games require Game sheets to be completed and handed in to the referee by no later than the beginning of half time to the referee, and must be signed by team coach and referee.

4. Players Equipment & Uniforms

- Mandatory shin pads, stockings and outdoor cleats (preferred) or indoor shoes. NO METAL CLEATS ALLOWED.

- All players must wear a unique, legible numbered jersey (min size 8") on back. Goalkeepers' uniforms must be distinguishable from that of the game officials and all out-field players.
- If both teams are wearing the same color jersey, the HOME team will wear pinnies.
- No jewellery is permitted by any player. All piercings will need to be removed, or player will be ineligible to play in the game.
- Emergency/Medic bracelet/chains must be secured.
- Eyewear must be protective quality and designed for active sport.
- Players asked to leave the field for equipment reasons may not re-enter until the Referee is satisfied the equipment is permissible

5. Ball out of Play

- Ball is out of play when it has wholly crossed the line on the ground or in the air.
- Players must conduct regular throw-ins.
- A goal may not be scored directly from a throw-in.

6. Ball in Play

- Ball must be returned to play from the nearest point to where it left the field.
- Ball must be stationary when it is put back into play.

7. Penalty Kick

- Penalty mark 12 yards.
- Players other than the kicker and the defending goalkeeper must be at least 10 yards from the penalty mark until the ball is kicked.

8. Free Kick

- Opponents of the team taking the free kick must be at least 10 yards from the ball until it is play.

9. Corner Kick

- Opponents of the team taking the corner kick must be at least 10 yards from the ball until it is play.

10. Offside

- 11 v 11 will include the offside rule as per FIFA.

11. Start and Restart of Play

- Opponents of the team taking the kick-off must be a least 10 yards from the ball until it is play.

12. Fair Play Rules

- **Slide Tacking** will **NOT** be permitted.
- Re-start with indirect free kick.
- It will be at the discretion of the referee for either a yellow card or a red card to be applied.

13. Yellow Card Penalties

- When the first yellow card is issued to player, the player will leave the field immediately for two minutes of game play. Another player will be allowed to be substituted.
- A 2nd Yellow card in a game will equal a red card.

14. Red Card Penalties

- Offending player must leave the field area entirely for the remainder of game **and** team must play short. Player will also miss the next game in the season. Play is re-started at the referee's discretion.

15. Facility Rules

1. For any issues not covered in the above, a decision will be made by the House League Committee, all decisions will be final.
2. No alcohol, gum, spitting, **any form of smoking (tobacco, vape or cannabis)** in any form is allowed on the field at any time. You will be asked to leave the field area immediately if found doing so and the facility staff has discretion of banning you if you do not comply.
3. Referee's Decisions are **FINAL**. Any abuse aimed towards any official will result in the expulsion of the individual and/or team from the game.
4. Please show courtesy and respect to other spectators, players, and coaches by acting with good sportsmanship. This includes refraining from inappropriate or abusive language, dissent (verbally or through actions) to spectator, player, coach, official, or employee. Anyone taking such inappropriate action may be asked to leave the facility immediately.
5. There is to be no spectators allowed on the field. Only Club designated coaches and players are to be admitted to these areas.
6. Spectators must be a minimum of 4 feet from the touch line and on the opposite touch line of the teams. No spectators behind the goal lines.

15. Points System/ Tiebreaker Rules

- 3 Points for a win
- 1 Point for a tie
- 1 Point for a shutout

In the event of a tie the rules will be as follows

1. Head to head
2. Goal difference
3. Goals for
4. Coin toss

16. Penalties and Discipline

1. 1st Yellow Card – Reckless offences – 2 minute time penalty. The player will leave the field immediately.
2. 2nd Yellow Card – game ejection and 1 game suspension.
3. Red Card (same as 2nd Yellow Card) – game ejection and 1 game suspension.
4. Serious foul play or excessive force equals red card.
5. Assault on Referee –Game ejection and assault reported to District office directly for discipline.

If a player receives a red card or dismissal in a game, they will be disciplined in accordance with the OSA Policies and Procedures.